




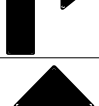

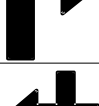
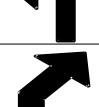
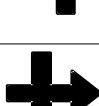



## Thursday night ride #1 To the Beach we go!

Start point: East York Community Centre  
Approximate distance: 26 km (90 minutes)

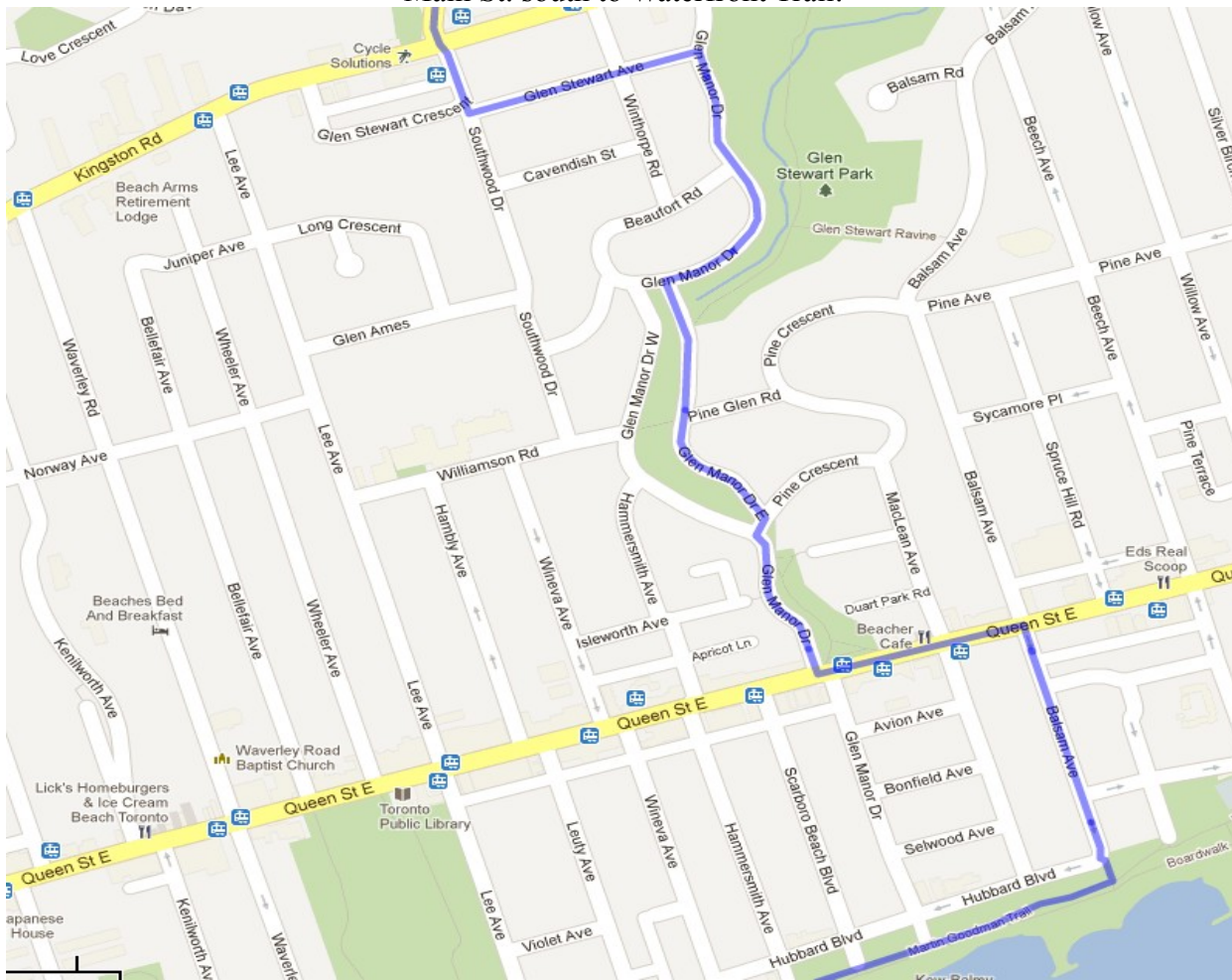
Feedback: [info@29bikes.ca](mailto:info@29bikes.ca) [www.29bikes.ca](http://www.29bikes.ca)

- Ride safely and courteously. It's not a race, competition, derby, or skills exhibition. Please, no wagering.
- Always watch for traffic.
- The ride may break up into smaller groups, but always try to stay within a group.
- Bring lights if you're going to be out late.
- If you're not smiling, you're not doing it right.

Turn	Street/landmark	Dist. to next
	Start east on Torrens Ave. from Pape Ave.	600 m
	Donlands Ave.	200 m
	Cosburn Ave. Bike lanes	2.6 km
	Westlake Ave.	150 m
	Hamstead Ave. Continue straight past Chisholm	300 m
	Main St.	2.1 km
	Kingston Rd. Continue straight; Main St. turns into Southwood Dr.	100 m
	Glen Stewart Ave.	250 m
	Glen Manor Dr.	350 m
	Glen Manor Dr. East Unsigned: turn at stop sign	350 m
	Glen Manor Dr.	200 m
	Queen St. East Cross streetcar tracks at right angle	300 m
	Balsam Ave	250 m

	Waterfront Trail	3.9 km
	Leslie St. Continue on trail	850 m
	Unwin Ave. Stay on shoulder facing traffic	750 m
	Waterfront Trail Keep left onto trail at bridge	2.2 km
	Cherry St. Stay on trail, continue past Unwin	850 m
	Commissioners St.	2.5 km
	Leslie St. Trail is on far side	300 m
	Lake Shore Blvd. Cross with bike signals; trail on north side of road	1.7 km
	Don Roadway Cross with bike signals onto Lower Don Trail	150 m
	Lower Don Trail Turn right after crossing ped/cyclist bridge	4.7 km
	Pottery Rd. Stay on path up the hill	650 m
	End at Broadview Ave. & Pottery Rd.	

Main St. south to Waterfront Trail:



Port lands loop:

